

NAPERVILLE.

NOW AT THE FOREFRONT
OF PEDIATRIC SPORTS MEDICINE.



Naperville Medical Center

640 S. Washington Street, Suite 120
Naperville, IL 60540

Holly J. Benjamin, MD, FACSM, Sports Specialist

To schedule an expedited appointment, call **773-834-7500**.

Adult appointments also are welcomed.

To learn more about Comer Children's Hospital, visit
www.uchicagokidshospital.org.





Meet Our Expert



Holly J. Benjamin, MD, FACSM

Associate Professor of Pediatrics and Orthopaedic Surgery

Director, Primary Care Sports Medicine

Certified specialist in sports medicine and non-surgical musculoskeletal injuries

Dr. Benjamin believes in providing a comprehensive treatment plan aimed at quick recovery and safe return to play. She emphasizes injury prevention and promotes safe participation for all athletes.

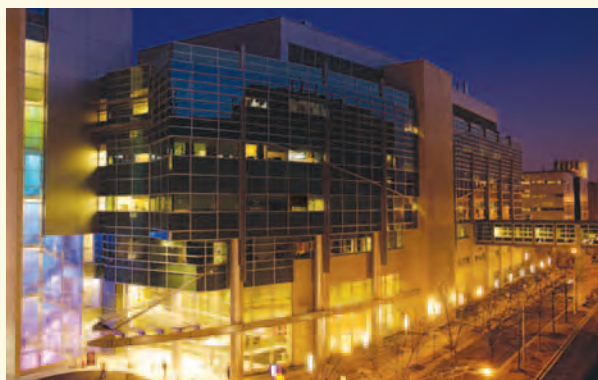
Dr. Benjamin was the first physician in Illinois to be fellowship-trained and board certified in pediatric sports medicine. She is the only pediatrician in the State of Illinois elected as a Fellow of the American College of Sports Medicine and was selected as a volunteer team physician for the Olympic Training Center in Colorado Springs. She was the first Illinois pediatrician elected to serve on the Executive Council for Sports Medicine and Fitness at the American Academy of Pediatrics. She also was the first physician from Illinois to serve on the Board of Directors for the American Medical Society for Sports Medicine. She serves as the medical officer for the Chicago Marathon and Accenture Chicago Triathlon. She is the team physician for the University of Chicago Lab School and Varsity Athletic Program. She serves as an expert consultant for a variety of local clubs and teams in the western suburbs.

Orthopaedic Services

- All Sports Related Injuries in children, teenagers and adults
- Sprains/Strains/Tendonitis
- Fractures/Stress Fractures
- Injury Rehabilitation/Training Advice
- Return to Play Clearance
- Bracing and Orthotics
- Cartilage Injuries
- Throwing/Running Injuries
- Gymnastics/Dance
- Strength/Weight Training

Medical Services

- Concussions/IMPACT
- Sports Nutrition including athletic eating disorders and supplements
- Exercise Induced Asthma
- Pre-participation Sports Physicals
- Menstrual Irregularity in Athletes
- Exertional Chest Pain



Comer Children's Hospital, main Hyde Park, Chicago campus location

Out of more than 5,450 hospitals across America, *U.S. News & World Report* ranked the University of Chicago Medical Center 17th overall in 2008, placing it in the top one-half of one percent. The Medical Center is the only Illinois hospital ever to be included in this prestigious list.