

# THE UNIVERSITY OF CHICAGO COMER CHILDREN'S HOSPITAL

## Child and Adolescent Psychiatry

The new University of Chicago Comer Children's Hospital is a state-of-the-art medical center with a kid-friendly, family focus. Our teams of pediatric experts develop individualized treatment plans for each child. They also successfully treat complex conditions.

In addition to advanced technology, our hospital offers private rooms and in-room sleeping accommodations for parents, as well as group play areas for kids. Our pediatric care is ranked among the best in the country by *U.S. News & World Report*.

### WHY CHOOSE US?

We have a long and distinguished reputation for helping children of all ages – from infancy through late teens – with almost all types of mental health problems. Because most of our clinicians are also researchers, they are thoroughly familiar with the most recent diagnostic and treatment advances – and pass these on to our patients as quickly as possible.

Very often, our clinicians are involved in leading-edge advances. For instance, they were among the first to test many of the now standard medicines for attention deficit hyperactivity disorder (ADHD) – and they continue to test new drugs for this disorder. In addition, many of our child and

adolescent psychiatrists and psychologists have won numerous awards for their expertise and empathy.

### CHILD AND ADOLESCENT PSYCHIATRY AT THE FOREFRONT OF MEDICINE

One unique aspect of our program is our long history of seeing children throughout their lifespan. Our youngest patients are infants who show problems with attachment, eating, sleeping, and other behaviors. Our oldest patients are young adults in their late teens or early 20s. We routinely help families cope with problems such as:

- Anorexia nervosa and bulimia nervosa
- Anxiety disorders
- Attachment disorders and other disorders of infancy
- Bipolar disorder
- Childhood schizophrenia
- Cognitive delays and learning disorders
- Cognitive disorders associated with epilepsy and immune dysfunction disorders (lupus)
- Depression
- Disruptive behavior disorders
- Head trauma
- Mental retardation
- Obsessive-compulsive disorder (OCD)
- Oppositional defiant disorder (ODD)
- Neurobehavioral syndromes associated with chronic health concerns, such as diabetes
- Pica
- Tourette's syndrome



We provide the most advanced treatment approaches, including:

- New medications that can reduce or minimize symptoms associated with all types of problems – from depression and anxiety to autism and psychosis
- The latest approaches in cognitive and behavioral therapy, which can help children and teens change destructive behaviors and thoughts



[www.uchicagokidshospital.org](http://www.uchicagokidshospital.org)  
For an appointment, call 1-888-UCH-0200

At the Forefront of **KIDS'** Medicine®



- Proven family therapies, which involve parents, siblings, and other loved ones
- Psychotherapy or "talk" therapy
- Behavior therapy for the treatment of persistently dysfunctional or disruptive behaviors
- Coordinated treatment of psychiatric illnesses associated with complex medical problems, such as brain injury and seizure disorders
- Botox injections for Tourette's syndrome and tics — our staff works closely with pediatric experts in otolaryngology to provide this revolutionary treatment

In addition, the Pediatric Neuropsychology service provides state-of-the-art assessment and diagnostic services for the cognitive and behavioral aspects of neuro-behavioral syndromes and developmental disorders. This service collaborates closely with other programs within Chicago Comer Children's Hospital to ensure that children receive the appropriate interventions and educational programming needed to enhance their lives and help them succeed.

### **OUTSTANDING INPATIENT AND OUTPATIENT CARE**

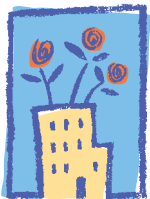
Patients and their families are seen in one of our specialty clinics:

- **Eating Disorders Clinic:** For children and teens with signs of anorexia nervosa or bulimia nervosa
- **General Child and Adolescent Psychiatry Clinic:** For children age 3 to 18 who have symptoms of depression, anxiety, and other problems not seen in our other specialty clinics
- **Preschool Behavior Problems Clinic:** For children age 2 to 4 who are living with their biological parents and exhibit disruptive behavior, aggressiveness, self-abuse, and other severe behavior problems

Whenever possible, our child and adolescent psychiatrists and psychologists provide care on an outpatient basis in one of our three locations: Hyde Park, Northbrook, and Chicago's North Side (at Lawrence and Lake Shore Drive). When hospitalization is needed, families can access our outstanding inpatient child and adolescent program. Located at Chicago Lakeshore Hospital on Chicago's North Side, our program is directed by a full-time child and adolescent psychiatrist. Our inpatient staff is very experienced in taking care of children and adolescents with a variety of mental health problems.

### **CONTACT US**

To learn more about child and adolescent psychiatric services at Chicago Comer Children's Hospital, please call 1-888-UCH-0200 or (773) 702-1000, or visit our Web site at [www.uchicagokidshospital.org/psychiatry/](http://www.uchicagokidshospital.org/psychiatry/).



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